



**Hot Summer's Night 5k
Participant Guide
August 3, 2024**

Event Details

Saturday, August 3, 2024
Strictly Running
2515 Devine St.
Columbia, SC. 29205

Races

All races start and finish at Strictly Running. Strollers will be allowed during the run.

Hot Summer's Night 5k

8:00pm.

The 5k course is a fast and flat course. Starting on King St., runners will run across Devine and continue to the other side of King St before turning onto Duncan St, then running down Duncan until turning on Bonham. Runners will then

come up on Monroe and then turn right onto Queen St. Runners will then turn back onto King St and then will finish back on Devine St.

Ice Cream Youth Fun Run

7:45pm.

This will be a non-competitive fun run. It is a quarter mile in front of our building. It will be sandwiched in between the adult mile and 5k road races.

Parking

- Bethel AME Church 819 Woodrow Street
- Devine Eyes 2421 Devine Street
- Publick House 2307 DevineStreet
- Hand Middle School 2600 Wheat Street

Water Stops and Medical Support

There will be water stops throughout the course as well as police and volunteers monitoring the course and the runners to ensure safety.

Water Stop: Past mile 1.5

Packet Pick-Up

We encourage participants to pick up packets early to avoid race-day rush. We are not able to mail race packets in advance or after the event. There will be no holding area for packets or personal items on race day. Packet pickup will be at Strictly Running.

Friday, August 2nd

11am to 5:30pm

Saturday, August 3rd

11am to 7:00pm

Volunteers

Please remember to thank the Volunteers. The race wouldn't be possible without the help of these generous people. There are still volunteer opportunities available. Ask friends or family help make the race a success. (If interested in volunteering, please contact gstrictlyrunnin@sc.rr.com or visit our [Eventbrite link](#)).

Spectators

Spectators are welcomed and encouraged at the event. Spectators will be able to see participants at various points along both the course. However, please be aware and courteous of local businesses.

Race Results

Live results will be available at the Strictly Running tent. They will also be posted after the race at www.strictlyrunning.com.

Awards

- Overall: Top 3 overall male and female. Top 1 Male/Female Master, Grandmaster, Senior Master, Veteran Master
- Age Groups: For both male and female in the 10 & under, 11-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75 & Over age groups.

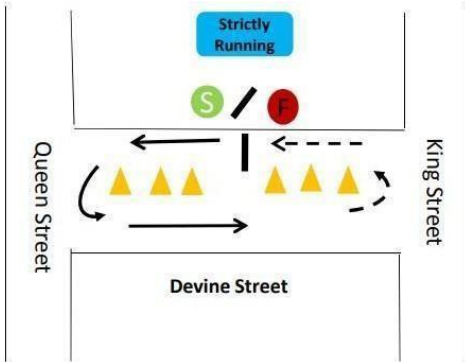
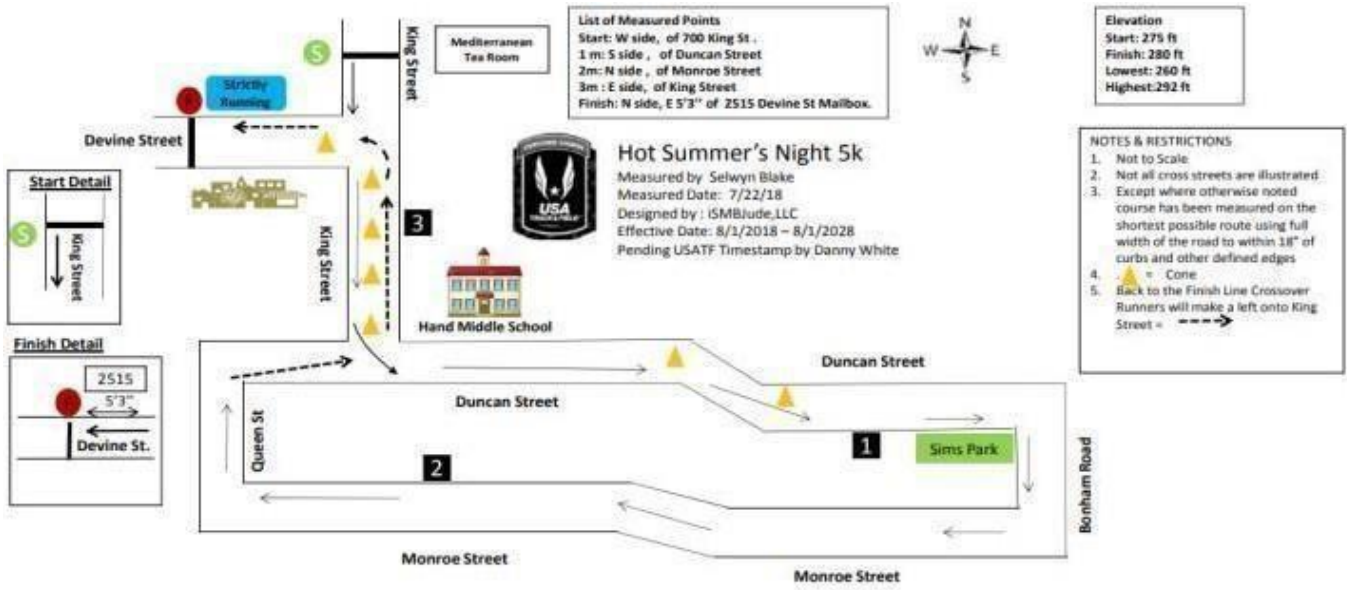
Race Day After-Party

There will be a parking lot party behind the Strictly Running Store. This is for participants, friends, and family to enjoy after the race. Refreshments will include, Water, Gatorade, Fruits (Cantaloupe, strawberries, grapes, bananas, etc.)

Race Photos

Race photos will be available through Strictly Running Facebook page.

Course Maps



Hot Summer's Night Fun Run @ 7:00pm



Thank you to our partners and sponsors!

ProMotion



Devine Street



RRCA



Silver Spoon Bake Shop



USA Track and Field



The Salon On Devine



Unforgettable Jewellery



EQ Fitness & Physical Therapy



Strictly
RUNNING

COLUMBIA, SOUTH CAROLINA