

BENEFITING THE MEALS PROGRAMS OF SENIOR RESOURCES

MARCH



TIMMERMAN TRAIL
CAYCE
MARCH 4

20
23



FOR MEALS

5k RUN/WALK  1-MILE SENIOR WALK

REGISTER: STRICTLYRUNNING.COM

CHECK IN: 7:30AM | 5K START: 9AM SENIOR WALK: 9:30AM

SATURDAY, MARCH 4TH > TIMMERMAN TRAIL > 1120 FORT CONGAREE TRAIL > CAYCE, SC 29033

USATF CERTIFICATE #SC14065DW | FOR MORE INFORMATION: [803] 252-7734 OR SENIORRESOURCESINC.ORG