

# **January 27<sup>th</sup>, 2024**

## 9th Annual 5K & 1 mile "Fun Run"

*Ranked one of the top 20 races in SC!* 3700 Devine St. | Columbia, SC | 29205

#### SAINT JOSEPH CATHOLIC SCHOOL

#### Packet Pick-Up for Pre-Registered Racers:

- FRIDAY, JANUARY 26<sup>th</sup> (11am- 6pm) at Strictly Running (2515 Devine Street), or
- SATURDAY, JANUARY 27<sup>th</sup> (7am) on race day at the school.

#### 5K & Fun Run Course Descriptions:

The 5K start line is behind St. Joseph Catholic Church/School (on the corner of Bonham & Blossom streets). The race loops through the historic Shandon neighborhood and finishes behind the school on Blossom Street. The one-mile Fun Run is an out and back course that begins/ends on Bonham Street.

#### Saintly Info:

- The 5K is a certified course.
- The race is part of the Columbia Running Club Tour de Columbia.
- For the safety of all, please no dogs.
- A portion of the race proceeds will go to the St. Vincent de Paul Food Pantry.
- Rain or shine, the race will go on!
- USATF Certificate # SC14012DW

#### Race Start Times:

- 5K starts at 8:00 AM
- One Mile Kid's Fun Run starts at 8:45

For more information, please contact: Katie Livingston at <u>katieryan912@hotmail.com</u> or call Saint Joseph Catholic School at (803) 254-6736.

#### 5K Pre-Registration:

- \$35 fee per person for 5K (regardless of age).
- All 5K runners will receive a race t-shirt if they register BEFORE January 5<sup>th</sup>, 2024.
- Runners who register after January 5<sup>th</sup>, 2024 are not guaranteed a race t-shirt.

#### 5K Day-Of-Race Registration:

- \$40 fee per person for 5K (regardless of age).
- Race t-shirts are not guaranteed.

### One Mile Fun Run: (for children ages 10 and under)

- \$20 fee per person for the Fun Run.
- All who finish the Fun Run will receive a Finisher's Medallion and a t-shirt.

#### 5K Awards:

CASH AWARDS will be given to the:

- Top three male and female overall finishers
- Top male and female Masters (40 49 years old) and Grand Masters (50+ years old)

Hand-crafted, student-made, awards will be given to the top three male and female finishers in each age group:

- 6 years old and younger
- 7 8 years old
- 9 10 years old
- 11 12 years old
- 13 14 years old
- Every five years ages 15 through 70 and older

#### Race Start Times:

- 5K starts at 8:00AM
- Fun Run starts at 8:45AM

All registrations must be completed on-line by

visiting: www.strictlyrunning.com