



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

RESOLUTION RUN 5K

5K RUN OR WALK | 1-MILE KID'S FUN RUN

Kick off the new year with a fun-filled Resolution Run on Saturday, January 4th at Lake Carolina! Bring the whole family, including your furry friends, for a scenic course through Columbia's premier community.

After the race, enjoy a post-event celebration at the Jeep Rogers Family YMCA. Kids will have a blast with a bounce house, arts and crafts, and hot chocolate. All participants will receive a finisher medal and an official 2024 Resolution Run T-shirt.

Your participation helps support our Annual Campaign, which provides scholarships for those in our community who need assistance accessing our programs and services.

ENTRY FEES:

- » 1-Mile Kids Fun Run: \$15
- » 5K Early Bird (Ends Dec. 6): \$30
- » 5K Registration (Ends Jan. 3): \$35
- » Race Day (Jan. 4): \$40

Note: Register by Dec. 6 to guarantee your Resolution Run t-shirt!

PACKET PICK-UP AT JEEP ROGERS YMCA:

- » Early Pick-Up: Friday, Jan. 3, 5 am - 8 pm
- » Race Day Pick-Up: Starting at 7 am
Jeep Rogers Family YMCA
900 Lake Carolina Drive, Columbia 29229

RACE DAY SCHEDULE - JANUARY 4:

- » 7:00 am - Packet pickup & Late registration
- » 8:00 am - Kids 1-Mile Fun Run
- » 8:30 am - 5K Race Start
- » 9:35 am - Awards Ceremony



REGISTER TODAY!

VISIT
columbiaymca.org/events
or scan the QR code.

