



38th Annual **Run for Thanks** A Palmetto Grand Prix Race For the benefit of the Terrific Kids Program Saturday, November 18th, 2023

LOCATION: Village of Pinopolis

COURSE DESCRIPTION: USATF Certified, 5K run in historic Village of Pinopolis with views of Lake Moultrie.

EVENTS & TIMES: 5K Run & 1 mile Health Walk 9:00 am. Awards Ceremony starting about 10 am.

REGISTRATION & AWARDS: Pinopolis Community Church, 1833 Pinopolis Rd., Pinopolis, SC.

AGE DIVISIONS: Males & Females: under 14; 14-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70+

PRIZES: (5K run only) Overall winners, male and female: 1st Place \$50, 2nd Place \$25, 3rd Place \$15.

ENTRY FEE: Runners – \$35 (includes shirt) Walkers – \$35 (includes shirt) ***Terrific Kids Recipients – no cost to participate but must register @ strictlyrunning.com*** Registrations accepted after November 1st, 2023 are not guaranteed a shirt.

In addition to the entry fee, runners/walkers are requested to bring canned goods, which will be distributed to a local food bank. There will be a Fall festival with food & crafts at the finish line at Pinopolis United Methodist Church.

REGISTER ONLINE: <u>www.strictlyrunning.com/gpuilreg-8l.asp?uRaceId=4230</u>